

Mare Nostrum Monaco 21st - 22nd of May 2022



Friday 20th of May : 6:30 PM – Deadline for Saturday morning heats withdrawals.

Vendredi 20 Mai : 18h30 - Heure limite de déclaration des forfaits pour les séries du Samedi matin.

Saturday 21st of May

9:00 AM / 9h00 - Heats

200 m Breaststroke	Men	2:21.72	
100 m Breaststroke	Women	1:13.76	
100 m Freestyle	Men	52.32	
200 m Freestyle	Women	2:05.93	
200 m Butterfly	Men	2:05.03	
100 m Butterfly	Women	1:03.44	
100 m Backstroke	Men	58.90	
200 m Backstroke	Women	2:20.95	
200 m Ind. Medley	Men	2:09.13	
400 m Freestyle *	Men	4:02.90	*Slow heats
400 m Ind. Medley *	Women	5:00.79	*Séries lentes

11:00 AM / 11h00 – Heats : Qualification of the 16 best times

50 m Butterfly	Men : 26.19	Women : 29.42
50 m Backstroke	Men : 29.26	Women : 31.58
50 m Breaststroke	Men : 30.53	Women : 34.81
50 m Freestyle	Men : 24.90	Women : 28.22

3:30 PM / 15h30 - B Finals

4:30 PM / 16h30 - Eighth Finals : Qualification of the 8 best times

50 m Butterfly	Men & Women
50 m Backstroke	Men & Women
50 m Breaststroke	Men & Women
50 m Freestyle	Men & Women

5:00 PM / 17h00 - A Finals

400 m Freestyle*	Men	*Fast heats
400 m Ind. Medley*	Women	*Séries rapides
200 m Breaststroke	Men	
100 m Breaststroke	Women	
100 m Freestyle	Men	
200 m Freestyle	Women	
200 m Butterfly	Men	
100 m Butterfly	Women	
100 m Backstroke	Men	
200 m Backstroke	Women	
200 m Ind. Medley	Men	

6:30 PM : Deadline for Sunday morning heats withdrawals.

18h30 : Heure limite de déclaration des forfaits pour les séries du Dimanche matin.

6:20 PM / 18h20 – Quarter Finals : Qualification of the 4 best time

50 m Butterfly	Men & Women
50 m Backstroke	Men & Women
50 m Breaststroke	Men & Women
50 m Freestyle	Men & Women

Limit entry times must be accomplished in a 50 m pool.

Les temps d'engagement doivent être réalisés en bassin de 50 m.

Sunday 22nd of May

9:00 AM / 9h00 - Heats

400 m Ind. Medley*	Men	4:35.75	*Slow heats
400 m Freestyle*	Women	4:24.19	*Séries Lentes
100 m Butterfly	Men	56.53	
200 m Butterfly	Women	2:18.92	
200 m Backstroke	Men	2:07.54	
100 m Backstroke	Women	1:06.01	
100 m Breaststroke	Men	1:05.57	
200 m Breaststroke	Women	2:37.65	
200 m Freestyle	Men	1:54.26	
100 m Freestyle	Women	58.68	
200 m Ind. Medley	Women	2:22.55	

3:30 PM / 15h30 - B Finals

4:30 PM / 16h30 – Semi Finals : Qualification of the 2 best times

50 m Butterfly	Men & Women
50 m Backstroke	Men & Women
50 m Breaststroke	Men & Women
50 m Freestyle	Men & Women

5:00 PM / 17h00 - A Finals

400 m Ind. Medley*	Men	*Fast heats
400 m Freestyle*	Women	*Séries rapides
100 m Butterfly	Men	
200 m Butterfly	Women	
200 m Backstroke	Men	
100 m Backstroke	Women	
100 m Breaststroke	Men	
200 m Breaststroke	Women	
200 m Freestyle	Men	
100 m Freestyle	Women	
200 m Ind. Medley	Women	

6:20 PM / 18h20 - Finals "DUELS"

50 m Butterfly	Men & Women
50 m Backstroke	Men & Women
50 m Breaststroke	Men & Women
50 m Freestyle	Men & Women

Fine for undeclared withdrawal : 15€. Withdrawal for the finals, at the latest 30 minutes after the announcement of the qualifiers by the speaker.

Amende pour forfait non déclaré : 15€. Forfait pour les finales, au plus tard 30 minutes après l'annonce des qualifiés par le speaker.

The number of entries will not exceed 10 heats for 100m, 8 heats for 200m, 3 heats for 400m.

Le nombre d'engagés ne pourra pas dépasser 10 séries au 100m, 8 séries au 200m, 3 séries au 400m.